

October 14

Watch ye and pray, lest ye enter into temptation. The spirit truly is ready, but the flesh is weak. Mark 14:38

We do not know in advance what temptations will come to us. As we study and pray we will be better prepared to recognize them when they do come, and stronger to overcome them. Galatians 5:7

Color the picture



A temptation is a desire or pressure to think, say, or do something that is wrong. Being tempted is not itself a sin; the important thing is choosing to resist it and obey God.

Read each situation. Write T if it describes a temptation or N if it does not describe a temptation.

1. _____ You find money that someone dropped and want to keep it.
2. _____ You tell the truth even though you might get into trouble.
3. _____ You want to copy another student's answers.
4. _____ You help someone carry something heavy.
5. _____ You feel like spreading an unkind rumor about someone.
6. _____ You apologize after realizing that you hurt someone's feelings.
7. _____ You are angry and want to say something cruel.
8. _____ You return something that you borrowed.
9. _____ Your friends pressure you to disobey your parents.
10. _____ You invite someone who is alone to join your group.
11. _____ You are tempted to lie so that others will admire you.
12. _____ You pray for help when you are facing a difficult decision.
13. _____ You want to blame someone else for something you did.
14. _____ You forgive someone who sincerely apologizes.
15. _____ You are jealous and want another person to fail.
16. _____ You encourage a friend who is feeling discouraged.
17. _____ You want to look at something you were told to avoid.
18. _____ You share what you have with someone in need.
19. _____ You are tempted to cheat during a game so that you can win.
20. _____ You walk away when others begin making fun of someone.

Read the scriptures and complete each box.

Scripture	People Involved	How they were tempted	How they handled the temptation
Genesis 3:1–19			
Genesis 4:3-12			
Joshua 7:1-26			
1 Samuel 24:1-12			
Daniel 1:8-17			
Matthew 4:1-11			
Acts 5:1-10			